



MY VINYASA PRACTICE

UPLIFTING COLLECTIVE CONSCIOUSNESS

MVP CLINICAL YOGA THERAPY 2027 TRAINING DATES

SPRING 2027

JANUARY

YOGA FOR RECOVERY (M2)
JAN 2ND - 4TH, 2027

FOLLOW UP DATES:
JAN 14TH & JAN 28TH

FEBRUARY

YT INTERVENTIONS (M2)
FEB 6TH - 8TH

FOLLOW UP DATE:
FEB 18TH

MARCH

YT INTERVENTIONS (M2)
FOLLOW UP DATE:
MARCH 4TH

YT FOR MEMORY LOSS (M2)
MARCH 6TH - 8TH

FOLLOW UP DATE:
MAR 18TH

APRIL

YT FOR MEMORY LOSS (M2)
FOLLOW UP DATE:
APR 1ST

**YT APPLICATIONS FOR
ANXIETY (APPLIED)**
APR 3RD - 5TH

FOLLOW UP DATES:
APR 15TH & 29TH

SUMMER 2027

MAY

PRE & POST YOGA INT. (M2)
MAY 1ST - 3RD

FOLLOW-UP DATES:
MAY 13TH & 27TH

JUNE

PSYCHOLOGY OF YOGA (M2)
JUNE 5TH - 7TH

FOLLOW UP DATE:
JUNE 17TH

JULY

PSYCHOLOGY OF YOGA (M2)
FOLLOW UP DATE:
JULY 1ST

BIOLOGY OF YOGA (M2)
JULY 10TH - 12TH
FOLLOW UP DATE:
JULY 22ND

AUGUST

BIOLOGY OF YOGA (M2)
FOLLOW UP DATE:
AUG 5TH

NADIS & MARMAS (M2)
AUG 7TH - 9TH
FOLLOW UP DATE:
AUG 19TH

FALL 2027

SEPTEMBER

NADIS & MARMAS (M2)
FOLLOW UP DATE:
SEPT 2ND

GROUP YOGA THERAPY (M2)
SEPT 11TH - 13TH

FOLLOW-UP DATE:
SEPT 23RD

OCTOBER

GROUP YOGA THERAPY (M2)
FOLLOW UP DATE:
OCT 7TH

**YT APPLICATIONS | PRANAYAMA
(APPLIED)**
OCT 9TH - 11TH
FOLLOW UP DATE:
OCT 21ST

NOVEMBER

**YT APPLICATIONS | PRANAYAMA
(APPLIED)**
FOLLOW UP DATE:
NOV 4TH

SOUND HEALING (M2)
NOV 6TH - 8TH
FOLLOW UP DATE:
NOV 18TH

DECEMBER

SOUND HEALING (M2)
FOLLOW UP DATE:
DEC 2ND